



RP4 - REGULAR MENU

Farm to Table All Natural Foods

"Earning Your Families Trust One Family At A Time!"
Since 1946

Triple Trimmed All Natural Steaks Fully - aged, grain fed grass finished Black Angus Beef

Your Choice of 12 Packages

- _____ 1014351 Rib Eye Steak 2ct/7oz
- _____ 1012955 Filet Mignon 2ct/4oz
- _____ 1013551 New York Strip Steak 2ct/7oz
- _____ 1014955 Top Sirloin Steak 2/Pak 6oz
- _____ 1015550 T- Bone Steak 1/Pack 16oz
- _____ 1013950 Porterhouse Steak 1/Pak 16oz

Lean All Natural Beef Roast

Your Choice of 4

- _____ 1017470 Boneless Chuck Roast 3.5lb
- _____ 1017370 Chuck Roast Cut in Half 2ct/ 3.5lb
- _____ 1018770 Rump Roast 3.5lb
- _____ 1018870 Rump Roast Cut in Half 2ct/3.5lb
- _____ 1019070 Sirloin Tip Roast 3.5 lb
- _____ 1019170 Sirloin Tip Roast Cut in Half 2ct/3.5lb
- _____ 1017670 Eye Round Roast 3.5lb
- _____ 1017770 Eye of Round Roast Cut in Half 2ct/3.5lb
- _____ 1017970 London Broil 3lb
- _____ 1018070 London Broil Cut in Half 2ct/ 3lb

Lean Specialty Meat

Your Choice of 8

- _____ 5053550 Beef Fajitas Strips 16oz
- _____ 1010910 Beef Stew 16oz
- _____ 1010710 Steak Strips for Stir Fry 1lb
- _____ 1011115 Philly Steak Slices 4/Pak 4oz 16oz
- _____ 1012350 Beef Cube Steaks 4/Pak 4 oz 16oz

All Natural Gourmet Ground Beef

Your Choice of 52

- _____ 1011530 Ground Beef Bulk 85 % Lean 16 oz Pkg
- _____ 1011531 Ground Beef Bulk 90 % Lean 16 oz Pkg
- _____ 1011730 Ground Beef Patties 4/4oz 16 oz Pkg

Specialty Seafood

Your Choice of 6

- _____ 4041110 Catfish Filet 2lb
- _____ 4041310 Cod Filets 2lb
- _____ 4042715 Wild Caught Sockeye Salmon Filets 2lb.
- _____ 4043310 Talapia Filets 2lb
- _____ 4043715 Yellow Fin Tuna 4 Filets/Pak 1.5lb
- _____ 4041580 Fish Sticks 2lb
- _____ 4043810 Whiting Filets 2lb
- _____ 4043811 Haddock Filets 2lb
- _____ 4042910 Sole Fillet 2lb

Premium Pork Vegetarian Fed No Animal By Product or Hormones

Your Choice of 14 Packages

- _____ 3030110 Bone In Pork Chops 4/Pak 6oz 1.5 lb Pak
- _____ 3030115 Bone In Pork Chops 4/Pak 1/2 " Thick 1.5 lb Pak
- _____ 3030310 Boneless Pork Chops 4/Pak 6oz 1.5 lb Pak
- _____ 3030315 Boneless Pork Chops 4/4 oz 1/2" Thick 1 lb Pak
- _____ 3030510 Boneless Butterfly Pork Chops 4/Pak 2lb
- _____ 3031340 Pork Tenderloin 1lb

Your Choice of 1

- _____ 3032160 Boneless Pork Roast 2.5lb
- _____ 3031760 Bone in Pork Roast 3.5 lb

Your Choice of 1

- _____ 3037520 Country Style Ribs 2 Pieces 3lb
- _____ 3037620 Spare Ribs 3lb
- _____ 3037720 Baby Back Ribs 3lb

Quick & Easy Dinners

Your Choice 6 Meals

- _____ 1019795 Meatloaf 16 oz
- _____ 2023870 Broccoli & Cheese Chicken Breast 4/7oz
- _____ 2026290 Chicken Kiev 4/7oz
- _____ 2026090 Chicken Cordon Bleu 4/7oz
- _____ 5050676 Lasagna w/ Meat Sauce Ind. 6-11oz.
- _____ 5053660 Enchiladas Beef & Cheese 1.75lb
- _____ 5053370 Chicken Enchiladas 1.75lb
- _____ 7081600 Pierogies 2lb

Grade A Poultry Free Range, Certified Humane Raised & Handle in an Antibiotic Growth Stimulant Free Environment

Your Choice of 12

- _____ 2020310 Boneless/Skinless Chicken Cutlets
4/Pak 5oz ea 1lb
- _____ 2020110 Bone-in Chicken Breast 4/Pak 1.5lb

Your Choice of 6

- _____ 2025660 Unbreaded Chicken Tenders 2lb
- _____ 2025560 Breaded Chicken Tenders 2lb
- _____ 2025460 Breaded Chicken Patties 2lb
- _____ 2023440 Breaded Gluten Free Chicken Nuggets 2.lb

Your Choice of 4

- _____ 2024450 Whole Fryers 3lb
- _____ 2023040 Cut-up Fryers 3lb

Your Choice of 14

- _____ 2022180 Chicken 4 Legs & 4 Thighs 25oz
- _____ 2022230 Bone-in Chicken Thighs 4/Pak 25oz
- _____ 2022030 Chicken Drumsticks (Legs) 4/Pak 1.25lb

All Natural Vegetables Portion Controlled Vine Ripened Flash Frozen to Lock in Freshness

Your Choice of 52 Pkgs

- _____ 4145110 French Cut Green Beans 8oz
- _____ 4145210 Regular Cut Green Beans 8.oz.
- _____ 4145310 Chopped Green Peppers 8oz
- _____ 4145410 Diced Onions 8.oz
- _____ 4145520 Mixed Vegetables 8.oz.
- _____ 4145620 Oriental Blend 8oz
- _____ 4145720 Stew Vegetables 8oz
- _____ 4145930 Shoepeg Cut Corn 8oz
- _____ 4146030 Blackeye Peas 8oz
- _____ 4146130 Corn on the Cob 3 ears to a pack 8oz
- _____ 4146230 Cut Corn 8oz
- _____ 4146330 Green Peas 8.oz
- _____ 4146430 Lima Beans 8oz
- _____ 4146740 Asparagus Spears 8oz
- _____ 4146840 Brussel Sprouts 8oz
- _____ 4146940 Collard Greens 8oz
- _____ 4146950 Kale 8oz
- _____ 4147040 Chopped Spinach 8oz
- _____ 4147140 Turnip Greens 8oz
- _____ 4147450 Broccoli Spears 8oz
- _____ 4147550 Broccoli Cuts 8 oz
- _____ 4147650 Whole Baby Carrots 8 oz
- _____ 4147750 Cauliflower 8oz
- _____ 4147850 Cut Okra 8oz
- _____ 4147950 Sliced Squash 8oz

Grade "A" Fancy Potatoes

Your Choice of 6

- _____ 4048130 Crinkle Cut Fries 2 lb
- _____ 4048135 Sweet Potato Fries 2.5lb
- _____ 4048136 Whole Roasted Baby Bakers 2.5lb
- _____ 4048137 Roasted Red Skin Potatoes 2.5lb
- _____ 4048330 Hashbrown Potatoes 2.8lb
- _____ 4048640 Gourmet Baked Potatoes w/Cheddar Cheese
4/Pak 20oz

Italian Night

Your Choice of 7 Items

- _____ 7081625 Garlic Bread 2 Ct/32oz
- _____ 7081600 Pirogies 2lb
- _____ 7081570 Supreme Pizza 5"/6 Ct
- _____ 5050310 Cheese Pizza 5"/6 Ct
- _____ 5050410 Pepperoni Pizza 5"/6 Ct
- _____ 7081543 Italian Cheese Ravioli 3lb
- _____ 7081532 Chicken & Spinach with Mozzarella Ravioli 3lb
- _____ 7081535 Joyce Farms Chicken with Rosemary Tortelloni 3lb
- _____ 5050670 Lasagna Bolognese Family Style with Sauce 2lb
- _____ 7081610 Jumbo Stuffed Cheese & Shells 2lb
- _____ 7081545 Beef Ravioli 2lb
- _____ 5054410 Meatballs Cooked 2lb

Organic Fruit by Cascadian Farms.

Your choice of 6

- _____ 4249640 Organic Blueberries 10oz
- _____ 4049310 Sliced Peaches 1lb
- _____ 4249440 Organic Red Raspberries 10oz
- _____ 4249740 Organic Whole Strawberries 10oz

Gourmet Desserts

Your Choice of 2

- _____ 5661870 White Chocolate/Mac Nut Cookie Dough 2lb
- _____ 5661770 M & M Cookie Dough 2lb
- _____ 5661270 Chocolate Chip Cookie Dough 2lb
- _____ 5660050 Apple Pie 10"/3lb
- _____ 5660450 Pecan Pie 10"/2lb
- _____ 5660055 Cherry Pie 10"/3lb
- _____ 5660150 Pumpkin Pie 10"/2lb
- _____ 5058310 Plain Cheesecake 16 slices/4lb
- _____ 5660750 French Silk Pie 2lb

Benefits of Rich Plan

- Convenience: Free Home Delivery
- Save Time, Work & Hassle
- Quality: Restaurant Quality Meat - USDA Choice & Prime
- All Natural
- Nutritious & Wholesome
- Budget: Convent Monthly Budget Plan
- Pay as You Eat
- Service: Only a Phone Call Away
- Personalizes Service - Guarantee: 100% Complete Satisfaction
- Advertising Dollars: Go to Customers

How do we order?

- Place your order by phone or online.
- Our home economist can provide you with meal planning ideas.
-

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Mr. Mobile: _____

Mrs. Mobile: _____

Email: _____

R.P. – 4 Menu is designed for 4 people in the family
for 26 weeks 182 day based over 6 months

Rich Plan offers Easy way to pay: *Visa, Master Card, AMX, Discover, 90 days same as cash or open Account and pay monthly.*

Rich Plan Home Office - Pensacola, FL

Local 850.477.3663 • Toll Free 1.800.662.3663 • www.myrichplan.com •  Rich Plan Home Food Service